

Transgender Resources

The following list of resources comes to me from Gina Bigham,
department coordinator at the LA LGBT Center

Trans people in crisis should contact the following resources

The Trevor Project's 24/7 Lifeline at 866-4-U-TREVOR (866-488-7386) or
Trevor Chat, the Trevor Project's online messaging service: <http://www.thetrevorproject.org/>

The National Suicide Prevention Lifeline at 800-273-TALK (8255)
Trans Lifeline at 877-565-8860 (volunteers are all trans identified)

Los Angeles LGBT Center Trans-Specific Programs

Transgender Health Program

<http://www.lagendercenter.com/offer.html>

Transgender Mental Health

http://www.lalgbtcenter.org/transgender_support_empowerment_group

Transgender Economic Empowerment Program

http://www.lalgbtcenter.org/transgender_legal_assistance

Trans* Lounge – Education and Empowerment Program for Trans* Individuals

<https://translounge.org>

Transgender Perceptions – Weekly Social Networking Group

<http://learningcurvela.org/transgroup>

Los Angeles Specific

Los Angeles Gender Center

<http://www.lagendercenter.com/offer.html>

Transforming Family - Los Angeles based family support group creating a positive environment
for children, adolescents and their families to explore issues of gender identity

<http://www.transformingfamily.org>

Online Resources

Gender Spectrum - Parenting and Family Resources

<https://www.genderspectrum.org/resources/parenting-and-family-2/>

PFLAG - Federation of Parents and Friends of Lesbians and Gays

<http://community.pflag.org/transgender>

Trans Youth Family Allies

<http://www.imatyfa.org/resources/parents/>

Trans Road Map

<http://www.tsroadmap.com/family/>

Susan's Place Transgender Resources

<https://www.susans.org/>

Healthful Chat – Gender Identity Chat Room

<http://www.healthfulchat.org/gender-identity-disorder-chat-room.html>

Parents of Transgender Kids Facebook Group

<https://www.facebook.com/Parents-of-Transgender-Kids-102798079808117/>

GLAAD

<http://www.glaad.org/transgender/resources>

Gender Wiki

http://gender.wikia.com/wiki/Gender_Wiki

Know Your Rights / Legal Issues

National Center for Transgender Equality

<http://www.transequality.org/>

Sylvia Rivera Law Project:

<https://srlp.org/>

Lambda Legal

<http://www.lambdalegal.org/know-your-rights/transgender/trans-parents-resources>

Transgender Law Center

<http://transgenderlawcenter.org/>

Suggested Reading

Reading for Adults

The Transgender Child: A Handbook for Families and Professionals by Stephanie Brill and Rachel Pepper

Becoming a Visible Man by Jamison Green

Mom I Need to be a Girl by "Just Evelyn"

Transparent: Love, Family, and Living the T with Transgender Teenagers by Cris Beam

Trans Forming Families by Mary Boenke
True Selves: Understanding Transsexualism—For Families, Friends, Coworkers, and Helping Professionals by Mildred Brown and Chloe Rounsley
Transgender Explained For Those Who Are Not by Joanne Herman
Far From the Tree: Parents, Children and the Search for Identity by Andrew Solomon
Creating Safe and Supportive Learning Environments: A Guide for Working with Lesbian, Gay, Bisexual, Transgender, and Questioning Youth and Families, edited by Emily S. Fisher and Karen Komosa-Hawkins
Letters For My Sisters – Transitional Wisdom in Retrospect by Andrea James and Deanne Thornton
Letters For My Brothers – Transitional Wisdom in Retrospect by
I Am Jazz by Jessica Herthel & Jazz Jennings by Megan Rohrer and Zander Keig
Transgender 101: A Simple Guide to a Complex Issue by Nicholas M Teich

Reading for children

When Kayla Was Kyle by Amy Fabrikant, illustrated by Jennifer Levine
10,000 Dresses by Marcus Ewert (Read our review)
Are You a Boy or a Girl? by Karleen Pendelton Jimenez
Be Who You Are by Jennifer Carr
Choose To Love: A Poem About Life, Love & Choices by C. Kevin Wanzer, Artwork by Kristin Tuller
My Princess Boy by Cheryl Kilodavis
Dogs Don't Do Ballet by Anna Kemp
From Bullies to Friends by C.T. Nikolet
Stop Bullying Bobby!: Helping Children Cope with Teasing and Bullying by Dana Smith-Mansell
You're Different and That's Super by Carson Kressley
Tutus Aren't My Style by Linda Skeers
We Are All Alike . . . We Are All Different by The Cheltenham Elementary School Kindergartners
We're Different, We're the Same (Sesame Street) by Bobbi Kates
It's Okay To Be Different by Todd Parr
Incredible You! 10 Ways to let your greatness shine through by Dr. Wayne Dyer
¡Eres increíble! (Incredible You!): 10 formas de permitir que tu GRANDEZA brille a traves de ti by Dr. Wayne Dyer

Reading for teens

Choir Boy by Charlie Anders
Freak Show by James St. James
Morgan in the Mirror by C.C. Saint Clair

My Gender Workbook: How to Become a Real Man, a Real Woman, the Real You, or
Something Else Entirely by Kate Bornstein
My New Gender Workbook: A Step-by-Step Guide to Achieving World Peace Through Gender
Anarchy and Sex Positivity by Kate Bornstein
Hello Cruel World: 101 Alternatives to Suicide for Teens, Freaks and Other Outlaws by Kate
Bornstein
My Brother Beth by Rebecca Sardella
Luna by Julie Anne Peters
Parrotfish by Ellen Wittlinger
Creating Safe and Supportive Learning Environments: A Guide for Working with Lesbian, Gay,
Bisexual, Transgender, and Questioning Youth and Families edited by Emily S. Fisher and
Karen Komosa-Hawkins